



## NEW! Corporate Training & Events

Adrian has been busy developing a range of corporate events with trainer and facilitator Nigel Singer (pictured left, with Adrian). The events are tailored for each group or team and combine guided walks and outdoor activities with skilled training & facilitation.

They are designed to support an increase in awareness, insight and responsibility, and to encourage people to become more open and sensitive. They will help participants feel more at one with nature, themselves and each other in a unique shared mutual experience and are a more fluid and natural way for people to discover more about themselves and each other. Whether you want a fun, positive day out, a focused training event or an in-depth development process, we hope the following will be of interest to you:

### **Footsteps™ (“footsteps”: the route a person has taken in order to reach a place or to achieve something)**

- Take time out for a positive, fun day to feel good about yourselves, and your team
- Help support your ongoing team work & creativity
- Build your skills by thinking about any things that might be difficult and what to do about them
- Provide positive reinforcement and awareness of what’s going well - reward your team for work well done
- Also perfect for your board of directors or for corporate entertainment

### **Journey™ (“journey”: the act of travelling from one place to another)**

- Invest some time to grow, change, think about things in a different way and learn new skills
- Help in working on specific developmental &/or organisational change issues
- Deliver specific training objectives from interpersonal skills to managing meetings, in a more interesting, skilful and enjoyable way
- Facilitate identified team development goals
- A one or two-day event using seed questions with walks and/or activities, and specific tailored input of a training and development nature
- Overnight stay has ‘wild camping’ option, depending on time of year

### **Pathfinder™ (“pathfinder”: one that discovers a new course or way, especially through or into unexplored regions)**

- Gain some time, space and skilled help in your struggle to resolve challenging &/or complex situations, issues & interrelationships
- Find your way through active conflict and the underlying issues you need to work on
- Deal with the big reactions some team members are having to big organisational changes & shifts
- A two day event addressing specific issues with walks and/or activities, facilitated sessions, social time, gentle consolidation
- Overnight stay has ‘wild camping’ option, depending on time of year

For more information, please contact Adrian on 01761 463356 or Nigel on 0117 966 2140.